

# The EMA Advocate

## Ten weeks. One Mom. One Family changed.

Every Mother's Advocate imagines a world where mothers and children are no longer separated for reasons of poverty, but empowered to raise their children in stable and nurturing homes. The EMA Advocate is a volunteer role who is trained and equipped to work with one mom for ten weeks, in an effort to support one more in crisis to achieve long lasting stability.

### How Do I Become an Advocate?



#### Who is an Advocate?

An agent of change. Someone with:

A Robust support system, Knowledgeable, Passionate and Empowering of others.



#### Who Does an Advocate Serve?

One vulnerable mom with one or more risk factors. Risk factors:



#### What Does an Advocate Do?

Provides wrap-around support and coaching.

- Parent coaching using an evidence-based and trauma-informed curriculum
- Life coaching addressing financial, emotional, and relational stability
- Individualized action plans to identify needs and holistic goals
- Crisis management and social support



#### How Does Advocacy Impact a Family

Advocating for the whole mother, child, and family is a redemptive mission.

In 2020 we saw:

- 88% of mothers achieved stable employment
- 86% of families at-risk of separation achieved stability
- 84% decrease in depressive symptoms
- 96% of moms reported an increased social support system

### How Do I Become and Advocate?

There are five steps to becoming an advocate

1. Submit an Interest Form
2. Schedule Your Call with our Team
3. Complete Application and Background Check
4. Train and Observe
5. Get Paired with your mom!